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IT'S TIME TO TALK

Conversations Worth Having

Waterloo Wellington, November 1, 2017– It's ***Time to Talk***. As part of the *Conversations Worth Having* project, local faith organizations are setting aside one week of the year to highlight the importance of sharing conversation about health care and end-of-life wishes with loved ones. Organized with the Interfaith Grand River Committee, this local campaign invites leaders from all faith communities to focus on this important topic during the week of **November 10 – 19**.

Last year over 19 congregations heard messages from their faith leader, held study groups, spent time in conversation with each other and with family, and participated in workshops about Advance Care Planning (ACP).

“to have these conversations in our houses of faith... is important because our people trust us... and we are the safe place that people can have these conversations. It opens up, in that safe place... the conversations that they can take home and have with their loved ones” ~Faith Leader

Conversations Worth Having is a 3-year Advance Care Planning (ACP) initiative funded by the Waterloo Wellington Local Health Integration Network. Launched in 2015, the program is uniquely designed to build understanding and capacity for ACP across Guelph/Wellington and Waterloo Region. *Conversations Worth Having* is a collaborative program between Hospice Waterloo Region and Hospice Wellington. ***Time to Talk*** is just one of the many initiatives *Conversations Worth Having* has created to engage members of the general public, community professionals and health care providers.

Faith communities who are interested in participating in activities during Time to Talk week, can find resources and register their commitment to participate by visiting <http://acpww.ca/time-to-talk/>

“...these types of conversations are valuable and important to not only your own life, but to the lives of others around you and your loved ones” ~Workshop participant

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If you would like more information about this topic, please contact Dale Gellatly at 519-743-4114 or by email at dale@hospicewaterloo.ca.